

2024 UniSport Nationals Water Polo

Medical Directory

9-13 September, AIS Aquatic Centre & Canberra International Sport and Aquatic Centre

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For quick reference, a list of all locations in this directory can be accessed using this Google Maps link.

Event Medical Coverage – First Responders

UniSport Australia has appointed <u>Sports Medicine Australia</u> (SMA) to provide the official event medical coverage. They are the designated first-responders to all injuries that occur on the field of play.

SMA-supplied Sports Trainers have current HLTAID009 – Provide CPR and HLTAID011 – Provide First Aid qualifications along with a minimum of Level 1 Sports Trainer accreditation. An SMA-accredited Sports Trainer is not simply a First Aider, but an individual with experience in managing sporting injuries and incidents, trained to provide quality, immediate injury care to athletes.

SMA Sports Trainers have skills and knowledge in the areas of sports taping, soft tissue injuries, on-field transport, stings, and allergies, as well as first aid skills such as CPR, wound and fracture management. Sports Trainers have access to the latest SMA policies and guidelines such as the SMA Concussion in Sport Policy and Extreme Heat Policy.

Level 1 Sports Trainers have received education including:

- Concussion Management
- Sports Taping (Ankle, Thumb and Finger)
- Transport of the Injured Athlete
- Nutrition and Hydration
- Drugs in Sport



Level 2 Sports Trainers are the most experienced, completing at least 50 hours of experience in an on-field role and proficient in all Level 1 Sports Trainer content as well as:

- Advanced Sports Taping (Knee, Shoulder, Elbow and Achilles)
- Spinal Injury Management
- Injury Prevention Programs
- Concussion Management
- Sports Massage
- Wound Management
- Athlete Wellbeing and Mental Health

Hospitals

North Canberra Hospital

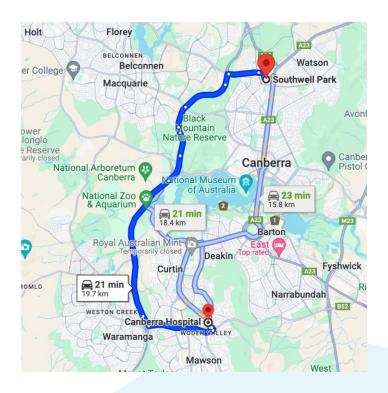
- Mary Potter Circuit, Bruce, 2617
- (02) 6201 6111





Canberra Hospital

- Yamba Drive, Garren, 2605
- (02) 5124 0000



General Practitioners

Orchre Medical Centre Bruce

- Building 28, University of Canberra, Allawoona Street & Ginninderra Drive, Bruce 2617
- (02) 6180 8500
- Opening Hours

Monday - Thursday 7:00 AM - 7:30 PM

Friday 7:00 AM – 7:00 PM

Saturday 9:00 AM - 5:00 PM

Sunday Closed

North Canberra Family Practice

- 5B Chandler Street, Belconnen, 2617
- (02) 6129 5100
- Opening Hours

Monday - Friday 8:00 AM - 5:30 PM

Weekends Closed



After Hours Practitioner

CALMS Northside Surgery

- 60 Mary Potter Circuit, Bruce, 2617
- 1300 422 567
- Operates via phone triage
- Opening Hours

Monday - Friday 8:00 PM - 11:00 PM Weekends 10:00 AM - 11:00 PM

Belconnen Walk-in Centre

- 56 Lathlain Street, Belconnen, 2617
- (02) 5124 8080
- Opening Hours

Every day 7:30 AM - 10:00 PM

Pharmacies

HPS Pharmacies Bruce

- Calvery Bruce Private Hospital, 30 Mary Potter Circuit, Bruce, 2617
- (02) 6153 6430
- Opening Hours

Monday - Friday 8:00 AM - 5:00 PM Saturday 8:00 AM - 12:00 PM

Sunday Closed

Capital Chemist University of Canberra

- Shop 3 Building 28, University of Canberra, Corner of Allawoona Street and Ginninderra Drive, Bruce, 2617
- (02) 62451 3045
- Opening Hours

Monday - Friday 7:30 AM - 7:30 PM Saturday 9:00 AM - 5:00 PM

Sunday Closed



Sports Medicine Services

Momentum Sports & Rehabilitation Services

- Unit 6/28 Thynne Street, Bruce, 2617
- (02) 6210 0060
- Opening Hours

Monday - Friday 8:30 AM - 5:00 PM

Weekends Closed

Forward Physiotherapy Canberra

- UC Health Clinics, Building 28, Level C, University of Canberra, Corner of Allawoona Street and Ginninderra Drive, Bruce, 2617
- (02) 6201 5843
- Opening Hours

 Mon, Wed
 5:00 PM - 7:30 PM

 Tuesday
 7:30 AM - 2:00 PM

 Thursday
 8:30 AM - 7:00 PM

 Friday
 1:00 PM - 6:00 PM

 Saturday
 9:00 AM - 12:00 PM

Sunday Closed

Performance Edge Physiotherapy Belconnen

- CISAC Building, 100 Eastern Valley Way, Bruce, 2617
- (02) 6162 0252

Dental Services

Kaleen Family Dental Surgery

- Kaleen Shopping Centre, Gwydir Square, Kaleen, 2617
- (02) 6241 5941
- Opening Hours

Monday - Friday 8:00 AM - 5:00 PM Saturday 8:00 AM - 1:00 PM

Sunday Closed

Jamison Dental Care

- 3/6 Jamison Centre, Macquarie, 2614
- (02) 6251 5443
- Opening Hours

Monday - Friday 9:00 AM - 5:30 PM

Weekends Closed



Radiology Services

Qscan Radiology Clinic Macquarie

- 3 Jamison Centre, Macquarie, 2614
- (02) 6126 5020

Canberra Imaging Group Belconnen

- 21 Benjamin Way, Belconnen, 2617
- 1300 788 508
- Opening Hours

Monday - Friday 8:30 AM - 5:00 PM

Weekends Closed