

# **2025 UniSport Nationals Tenpin Bowling**

# **Medical Directory**

### 30 September - 2 October, Go Bowling, Ashmore

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# **Event Medical Coverage – First Responders**

UniSport Australia has appointed <u>Sports Medicine Australia</u> (SMA) to provide the official event medical coverage. They are the designated first-responders to all injuries that occur on the field of play.

SMA-supplied Sports Trainers have current HLTAID009 – Provide CPR and HLTAID011 – Provide First Aid qualifications along with a minimum of Level 1 Sports Trainer accreditation. An SMA-accredited Sports Trainer is not simply a First Aider, but an individual with experience in managing sporting injuries and incidents, trained to provide quality, immediate injury care to athletes.

SMA Sports Trainers have skills and knowledge in the areas of sports taping, soft tissue injuries, on-field transport, stings, and allergies, as well as first aid skills such as CPR, wound and fracture management. Sports Trainers have access to the latest SMA policies and guidelines such as the SMA Concussion in Sport Policy and Extreme Heat Policy.

Level 1 Sports Trainers have received education including:

- Concussion Management
- Sports Taping (Ankle, Thumb and Finger)
- Transport of the Injured Athlete
- Nutrition and Hydration
- Drugs in Sport



Level 2 Sports Trainers are the most experienced, completing at least 50 hours of experience in an on-field role and proficient in all Level 1 Sports Trainer content as well as:

- Advanced Sports Taping (Knee, Shoulder, Elbow and Achilles)
- Spinal Injury Management
- Injury Prevention Programs
- Concussion Management
- Sports Massage
- Wound Management
- Athlete Wellbeing and Mental Health

# **Hospitals**

#### **Gold Coast University Hospital**

- 1 Hospital Blvd, Southport, 4215
- +61 1300 744 284
- Open 24 Hours

#### **Pindara Private Hospital**

- Allchurch Avenue, Benowa, QLD, 4217
- (07) 5588 9888
- Open 24 Hours

#### **General Practitioners**

#### **Ashmore City Medical Centre**

- 206 Currumburra Road, Ashmore, QLD 4214
- (07) 5539 4185
- Opening Hours: Monday Friday: 8:00am 5:00pm

#### **On The Park General Practice**

- 13-15/151 Cotlew Street, Ashmore, QLD 4214
- (07) 5527 9445

Opening Hours: Monday – Friday: 8:00am – 5:30pm

#### **After Hours Practitioner**

#### **Gold Coast After Hours Doctor**

- 125 Nerang Street, Southport, QLD 4216
- (07) 5532 8666
- Opening Hours: Monday Friday: 6:00pm 12:00am



#### **After Hours Doctor Gold Coast**

- Australia Fair Metro, Shop M032/58 Scarborough Street, Southport, QLD, 4215
- +61 7 5612 7830
- Opening Hours: Monday Friday: 8:00am 10:00pm

#### **Pharmacies**

#### **Good Price Pharmacy Warehouse Ash more**

- 3 Central Park Ave, Ashmore, QLD 4214
- (07) 5564 5711
- Opening Hours: Monday Friday: 8:30am 6:00pm

#### **ACPHARM**

- 20 Central Park Ave, Ashmore, QLD 4214
- (07) 5526 5422
- Opening Hours: Monday Thursday: 8:00am 5:00pm, Fridays: 8:00am 12:00pm

#### **Sports Medicine Services**

#### **Fighting Fit Physiotherapy**

- 3/25 Brendan Drive, Nerang, QLD 4211
- +61 402 938 661
- Opening Hours: Monday Friday: 6:30am 8:00pm

#### **Gold Coast Physio & Sports Health**

- Unit 13/345 Southport Nerang Road, Ashmore, QLD 4214
- (07) 5500 6470
- Opening Hours: Monday Friday: 7:30am 7:00pm

#### **Dental Services**

#### **Gold Coast Dental Studio**

- Shop 13 Cayuga Street, Nerang, QLD 4215
- (07) 5578 2218
- Opening Hours: Monday Friday: 8:00am 5:00pm

#### **Boctor Dental SmileCentre**

- 90 Ashmore Road, Bundall, QLD 4217
- (07) 5592 1999
- Opening Hours: Monday Friday: 9:00am 5:00pm, Closed Wednesdays



# **Radiology Services**

## **Qscan Radiology**

- 3/12 Ferry Street, Nerang, QLD 4211
- (07) 5554 7070
- Opening Hours: Monday Friday: 8:00am 6:00pm

# **South Coast Radiology**

- 151 Smith Street, Southport, QLD 4215
- +61 1300 197 297
- Opening Hours: Monday Friday: 7:00am 5:00pm