

# 2024 UniSport Nationals Judo

## Medical Directory

7-8 September, AIS Combat Centre

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For quick reference, a list of all locations in this directory can be accessed using [this Google Maps link](#).

### Event Medical Coverage – First Responders

UniSport Australia has appointed [Sports Medicine Australia \(SMA\)](#) to provide the official event medical coverage. They are the designated first-responders to all injuries that occur on the field of play.

SMA-supplied Sports Trainers have current HLTAID009 – Provide CPR and HLTAID011 – Provide First Aid qualifications along with a minimum of Level 1 Sports Trainer accreditation. An SMA-accredited Sports Trainer is not simply a First Aider, but an individual with experience in managing sporting injuries and incidents, trained to provide quality, immediate injury care to athletes.

SMA Sports Trainers have skills and knowledge in the areas of sports taping, soft tissue injuries, on-field transport, stings, and allergies, as well as first aid skills such as CPR, wound and fracture management. Sports Trainers have access to the latest SMA policies and guidelines such as the SMA Concussion in Sport Policy and Extreme Heat Policy.

Level 1 Sports Trainers have received education including:

- Concussion Management
- Sports Taping (Ankle, Thumb and Finger)
- Transport of the Injured Athlete
- Nutrition and Hydration
- Drugs in Sport

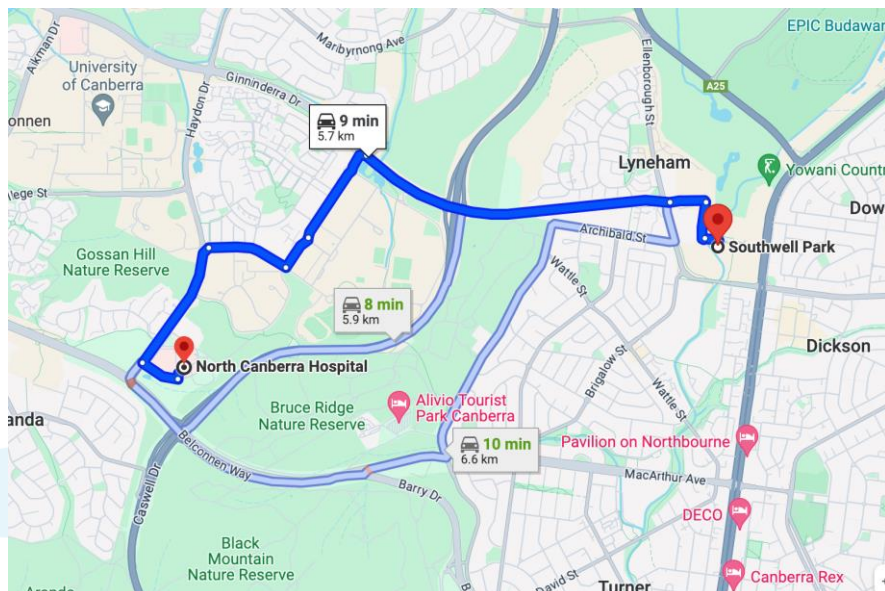
Level 2 Sports Trainers are the most experienced, completing at least 50 hours of experience in an on-field role and proficient in all Level 1 Sports Trainer content as well as:

- Advanced Sports Taping (Knee, Shoulder, Elbow and Achilles)
- Spinal Injury Management
- Injury Prevention Programs
- Concussion Management
- Sports Massage
- Wound Management
- Athlete Wellbeing and Mental Health

## Hospitals

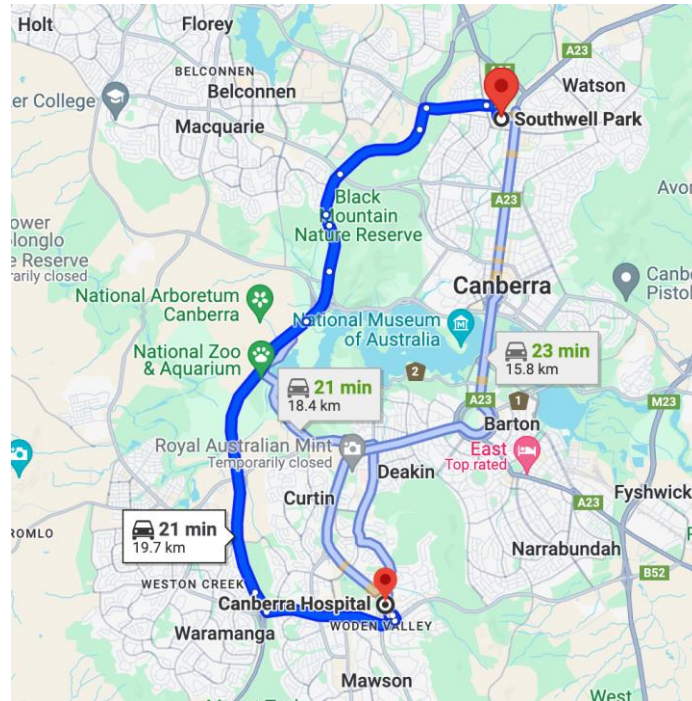
### North Canberra Hospital

- Mary Potter Circuit, Bruce, 2617
- (02) 6201 6111



### Canberra Hospital

- Yamba Drive, Garren, 2605
- (02) 5124 0000



## General Practitioners

### Orchre Medical Centre Bruce

- Building 28, University of Canberra, Allawoona Street & Ginninderra Drive, Bruce 2617
- (02) 6180 8500
- Opening Hours
 

Monday - Thursday	7:00 AM - 7:30 PM
Friday	7:00 AM – 7:00 PM
Saturday	9:00 AM – 5:00 PM

Sunday      Closed

### North Canberra Family Practice

- 5B Chandler Street, Belconnen, 2617
- (02) 6129 5100
- Opening Hours
 

Monday - Friday	8:00 AM - 5:30 PM
Weekends	Closed

## After Hours Practitioner

### CALMS Northside Surgery

- 60 Mary Potter Circuit, Bruce, 2617
- 1300 422 567
- Operates via phone triage
- Opening Hours
  - Monday - Friday 8:00 PM - 11:00 PM
  - Weekends 10:00 AM – 11:00 PM

### Belconnen Walk-in Centre

- 56 Lathlain Street, Belconnen, 2617
- (02) 5124 8080
- Opening Hours

Every day 7:30 AM – 10:00 PM

## Pharmacies

### HPS Pharmacies Bruce

- Calvary Bruce Private Hospital, 30 Mary Potter Circuit, Bruce, 2617
- (02) 6153 6430
- Opening Hours
  - Monday - Friday 8:00 AM - 5:00 PM
  - Saturday 8:00 AM - 12:00 PM
  - Sunday Closed

### Capital Chemist University of Canberra

- Shop 3 Building 28, University of Canberra, Corner of Allawoona Street and Ginninderra Drive, Bruce, 2617
- (02) 62451 3045
- Opening Hours
  - Monday - Friday 7:30 AM – 7:30 PM
  - Saturday 9:00 AM - 5:00 PM
  - Sunday Closed

## Sports Medicine Services

### Momentum Sports & Rehabilitation Services

- Unit 6/28 Thynne Street, Bruce, 2617
- (02) 6210 0060
- Opening Hours
  - Monday - Friday 8:30 AM - 5:00 PM
  - Weekends Closed

### Forward Physiotherapy Canberra

- UC Health Clinics, Building 28, Level C, University of Canberra, Corner of Allawoona Street and Ginninderra Drive, Bruce, 2617
- (02) 6201 5843
- Opening Hours
  - Mon, Wed 5:00 PM – 7:30 PM
  - Tuesday 7:30 AM – 2:00 PM
  - Thursday 8:30 AM – 7:00 PM
  - Friday 1:00 PM – 6:00 PM
  - Saturday 9:00 AM – 12:00 PM
  - Sunday Closed

### Performance Edge Physiotherapy Belconnen

- CISAC Building, 100 Eastern Valley Way, Bruce, 2617
- (02) 6162 0252

## Dental Services

### Kaleen Family Dental Surgery

- Kaleen Shopping Centre, Gwydir Square, Kaleen, 2617
- (02) 6241 5941
- Opening Hours
  - Monday - Friday 8:00 AM - 5:00 PM
  - Saturday 8:00 AM – 1:00 PM
  - Sunday Closed

### Jamison Dental Care

- 3/6 Jamison Centre, Macquarie, 2614
- (02) 6251 5443
- Opening Hours
  - Monday - Friday 9:00 AM - 5:30 PM
  - Weekends Closed

## Radiology Services

### **Qscan Radiology Clinic Macquarie**

- 3 Jamison Centre, Macquarie, 2614
- (02) 6126 5020

### **Canberra Imaging Group Belconnen**

- 21 Benjamin Way, Belconnen, 2617
- 1300 788 508
- Opening Hours
  - Monday - Friday 8:30 AM - 5:00 PM
  - Weekends Closed

