

2025 UniSport Nationals Cheer & Dance

Medical Directory

20 October, Gold Coast Sport & Leisure Centre, Carrara

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For quick reference, a list of all locations in this directory can be accessed using This Link:

https://www.google.com/maps/d/u/0/edit?mid=1UBXcPGmr36DjVtTK5kobVsFE3JEWBRw&usp =sharing

Event Medical Coverage – First Responders

UniSport Australia has appointed <u>Sports Medicine Australia</u> (SMA) to provide the official event medical coverage. They are the designated first-responders to all injuries that occur on the field of play.

SMA-supplied Sports Trainers have current HLTAID009 – Provide CPR and HLTAID011 – Provide First Aid qualifications along with a minimum of Level 1 Sports Trainer accreditation. An SMA-accredited Sports Trainer is not simply a First Aider, but an individual with experience in managing sporting injuries and incidents, trained to provide quality, immediate injury care to athletes.

SMA Sports Trainers have skills and knowledge in the areas of sports taping, soft tissue injuries, on-field transport, stings, and allergies, as well as first aid skills such as CPR, wound and fracture management. Sports Trainers have access to the latest SMA policies and guidelines such as the SMA Concussion in Sport Policy and Extreme Heat Policy.

Level 1 Sports Trainers have received education including:

- Concussion Management
- Sports Taping (Ankle, Thumb and Finger)
- Transport of the Injured Athlete
- Nutrition and Hydration
- Drugs in Sport



Level 2 Sports Trainers are the most experienced, completing at least 50 hours of experience in an on-field role and proficient in all Level 1 Sports Trainer content as well as:

- Advanced Sports Taping (Knee, Shoulder, Elbow and Achilles)
- Spinal Injury Management
- Injury Prevention Programs
- Concussion Management
- Sports Massage
- Wound Management
- Athlete Wellbeing and Mental Health

Hospitals

Gold Coast University Hospital

- 1 Hospital Blvd, Southport, 4215
- +61 1300 744 284
- Open 24 Hours

Pindara Private Hospital

- Allchurch Avenue, Benowa, QLD, 4217
- (07) 5588 9888
- Open 24 Hours

General Practitioners

Carrara Family Practice

- 2 Alzino Place, Carrara, QLD, 4211
- (07) 5594 4118
- Opening Hours: Monday Friday: 8:00am 5:00pm

Ashmore Road Family Practice

- 156 Ashmore Road, Benowa, QLD, 4217
- (07) 5597 6625
- Opening Hours: 8:30am 5:00pm

After Hours Practitioner

Highlands Health Centre

- 95 Alexander Drive, Highland Park, QLD, 4211
- (07) 5574 9111
- Opening Hours: Monday Friday: 7:00am 4:00pm



After Hours Doctor Gold Coast

- Australia Fair Metro, Shop M032/58 Scarborough Street, Southport, QLD, 4215
- +61 7 5612 7830
- Opening Hours: Monday Friday: 8:00am 10:00pm

Pharmacies

Pharmacy Direct

- 4/29 Industrial Avenue, Molendinar, QLD, 4214
- 1300 934 785
- Opening Hours: Monday Friday: 8:30am 4:00pm

Hinterland Pharmacy

- 1/5 Price Street, Nerang, QLD, 4211
- (07) 5596 4174
- Opening Hours: Monday Saturday: 7:00am 9:00pm

Sports Medicine Services

Fighting Fit Physiotherapy

- 3/25 Brendan Drive, Nerang, QLD, 4211
- +61 402 938 661
- Opening Hours: Monday Friday: 6:30am 8:00pm

Focus On Physio

- 194 Ashmore Road, Benowa, QLD, 4217
- +61 7 5564 9009
- Opening Hours: Monday Friday: 7:30am 7:00pm

Dental Services

Ashmore Smiles Dentist

- 206 Currumburra Road, Ashmore, QLD, 4214
- (07) 5597 1973
- Opening Hours: Monday Friday: 8:00am 5:00pm

Southport Park Family Dental – Dentist Southport

- 163 Ferry Road, Southport, QLD, 4215
- (07) 5655 7688
- Opening Hours: Monday Friday: 9:00am 5:00pm



Radiology Services

South Coast Radiology

- 179 Ashmore Road, Benowa, QLD, 4217
- +61 1300 197 297
- Opening Hours: Monday Friday: 7:00am 5:00pm

South Coast Radiology

- Allchurch Avenue, Benowa, QLD, 4217
- +61 1300 197 297
- Opening Hours: Monday Friday: 8:00am 5:00pm