

UniSport Australia Guideline

Short Course Swimming

Men and Women

UniSport Australia (UniSport) short course swimming competitions are conducted in accordance with the rules of [Swimming New South Wales \(NSW\)](#) except where these differ from UniSport sports guidelines; in which case the latter shall take precedence.

1. Team/squad size

- Maximum registrations per individual event – no limit
- Maximum entries per university per relay event – 1*

**Multiple teams per university may be entered but only the highest placing team will count towards the point score.*

2. Competition format

- 2.1. The general format and conduct of the events will be contested under the rules of the specific event organisers. Late entries will only be accepted for 24 hours after the close date, at the discretion of the event organiser and will attract a late fee.
- 2.2. If a nominated competitor withdraws from a relay event, a team may replace this withdrawal with another member of their named swimming squad. This applies only for heats.
- 2.3. Heats, if necessary, shall be conducted in the morning session preceding the finals session in the evening.
- 2.4. The following events are offered, and all events shall be conducted for both men and women competitors.
 - a) Freestyle: 50m, 100m, 200m, 400m, 800m, 1,500m
 - b) Backstroke: 50m, 100m, 200m
 - c) Breaststroke: 50m, 100m, 200m
 - d) Butterfly: 50m, 100m, 200m
 - e) Medley: 200m, 400m
 - f) Relays: 4x50m freestyle, 4x100m freestyle, 4x50m medley, 4x50m mixed medley
- 2.5. All events will be swum as timed finals with final placings determined after the final heat.
- 2.6. The UniSport Nationals medallists will be determined in the following manner:
 - a) First, second and third placegetters based on times swum in their heats
- 2.7. Multi Class events will take place in conjunction with the able-bodied events, however medals will be awarded to the top 3 multi class athletes in each event. MC qualifying times will need to be adhered to for entry.
- 2.8. Assisted self-marshalling will be the check-in process for all participants. Check starters will be available to assist, support, and direct swimmers on the pool deck. The Clerk on course in the marshalling area will indicate when the next heat is required to move to the chairs behind the blocks.
 - a) Swimmers are expected to know what event, heats, and lane they will be swimming in from the program.
 - b) For Heats, swimmers will report to the chairs behind the blocks for their event, preferably via the marshalling area. The fastest heats will report first. To avoid congestion, swimmers need only enter the marshalling area:
 - c) Swimmers are expected to know what event, heats and lane they will be swimming in from the program.
 - i. Four (4) heats prior for 50m, 100m, and 200m events.
 - ii. Two (2) heats prior for 400m, 800m, and 1500m events.

- iii. The first heat of each session must report five (5) minutes prior to the scheduled start time.

3. Point score

3.1. The points awarded for each final shall be:

Place	Individual finals	Relay finals
1st	16 points	32 points
2nd	12 points	24 points
3rd	9 points	18 points
4th	7 points	14 points
5th	6 points	12 points
6th	5 points	10 points
7th	4 points	8 points
8th	3 points	6 points
9th	2 points	4 points
10th	1 point	2 points

** Points for the 4x50m mixed medley relay will be split evenly between the men's and women's point score total for each university involved.*

- 3.2. If two or more competitors finish equal in an event, they shall share the points for the places tied.
- 3.3. The university scoring the greatest number of points in the competition (separately for men and women), shall be declared the overall winners for the competition.
- 3.4. If two or more universities score an equal number of points to tie for first place overall, they shall be declared joint winners of the competition.

4. Uniform requirements

- 4.1. The specific uniform requirements for swimming are as per [Swimming NSW General Rules – GR19](#) with the following UniSport uniform requirements:
 - a) Swimming cap and goggles are compulsory
 - b) Swimmers competing in the UniSport Nationals should wear a swimming cap either with university branding or a plain design (i.e., not swim club branded)

5. Team duties

- 5.1. Team duty requirements (if required) at UniSport events are:
 - a) Competing universities may be required to fill timekeeping duties via a duty roster
- 5.2. The person fulfilling the team duty requirements can be any competent person associated with that team or university and does not necessarily have to be a player e.g. team manager.
- 5.3. Teams that do not fulfil team duties will be fined as per the UniSport guideline – *Breach of Competition Requirements*.

6. Qualifying times

- 6.1. All competitors must meet the qualifying times below established for the competition.
- 6.2. Times must have been recorded since 1 October 2022 and can include the previous UniSport Nationals event. International competitions are valid if evidence of the qualifying time can be provided if requested.
- 6.3. Competitors can use either a long course or short course qualifying time
- 6.4. Entries not meeting the qualifying times for any event will not be accepted.

Men	Event	Women
Freestyle		
28.00	50m	31.50
1:00.00	100m	1:05.50
2:12.00	200m	2:24.00
4:37.00	400m	4:59.00
9:55.00	800m	10:10.00
18:23.00	1500m	18:53.00
Backstroke		
31.80	50m	35.40
1:11.00	100m	1:16.50
2:37.00	200m	2:46.00
Breaststroke		
34.50	50m	39.50
1:20.00	100m	1:28.00
2:57.50	200m	3:11.50
Butterfly		
29.80	50m	33.20
1:08.00	100m	1:15.00
2:34.00	200m	2:49.00
Individual medley		
2:31.00	200m	2:45.00
5:13.00	400m	5:39.00
Relays		
2:00.00	4x50m freestyle	2:17.00
4:22.00	4x100m freestyle	4:52.00
2:20.00	4x50m medley	2:49.00
Mixed relay – 4x50m medley		3:00.00

7. Multi-class qualifying times

Women	50m Free	100m Free	200m Free	400m Free	100m Back	100m Fly	100m Breast	200m IM
S1	2:02.32	4:19.82			4:21.47		SB1	SM1
S2	1:48.57	3:55.51			4:45.12		SB2	SM2
S3	1:26.24	2:58.31			3:10.52		SB3	3:06.56 SM3
S4	0:56.43	2:09.69			2:42.14		SB4	2:44.78 SM4
S5	0:52.36	1:53.63			2:34.00		SB5	2:39.72 SM5
S6	0:51.81	1:54.62	4:13.66	8:43.05	2:07.49	2:29.16	SB6	2:30.48 SM6
S7	0:49.94	1:47.36	3:50.56	8:23.58	2:03.42	2:04.85	SB7	2:17.50 SM7
S8	0:45.87	1:39.11	3:34.50	7:20.22	1:53.08	1:58.47	SB8	1:57.48 SM8
S9	0:42.35	1:30.31	3:12.28	7:00.22	1:41.20	1:47.03	SB9	1:50.66 SM9
S10	0:40.92	1:28.77	3:12.28	6:44.25	1:46.59	1:39.00		SM10
S11	0:47.52	1:42.96	3:43.30	7:46.29	1:58.58	1:55.72	SB11	2:09.03 SM11
S12	0:40.48	1:26.35	3:04.03	7:01.96	1:40.54	1:37.24	SB12	2:01.99 SM12
S13	0:39.38	1:26.13	3:08.32	6:39.41	1:39.66	1:34.93	SB13	1:50.88 SM13
S14	0:41.58	1:29.76	3:13.71	6:50.41	1:40.43	1:40.32	SB14	1:57.48 SM14
S15	0:39.38	1:25.58	3:05.79	6:25.66	1:38.67	1:34.16	SB15	1:47.47 SM15
S16	0:45.65	1:42.30	3:49.46	8:24.02	2:18.60	1:44.28	SB16	2:18.82 SM16
S18	0:43.67	1:34.27	3:23.39	7:10.98	1:45.49	1:45.38	SB18	2:03.31 SM18
S19	0:41.58	1:29.76	3:13.71	6:50.41	1:40.43	1:40.32	SB19	1:57.48 SM19
Men	50m Free	100m Free	200m Free	400m Free	100m Back	100m Fly	100m Breast	200m IM
S1	1:39.33	3:39.78			4:37.64		SB1	SM1
S2	1:26.46	3:07.88			3:11.73		SB2	SM2
S3	1:07.32	2:32.79			2:58.75		SB3	2:46.21 SM3
S4	0:54.67	1:59.79			2:26.19		SB4	2:19.92 SM4
S5	0:47.52	1:49.34			2:18.16		SB5	2:10.90 SM5
S6	0:44.77	1:38.01	3:36.81	7:41.89	1:52.20	1:49.34	SB6	2:11.34 SM6
S7	0:41.14	1:29.98	3:13.38	7:03.06	1:48.24	1:51.98	SB7	2:00.89 SM7
S8	0:39.60	1:26.24	3:06.56	6:47.22	1:39.66	1:36.36	SB8	1:43.29 SM8
S9	0:37.95	1:24.26	2:59.52	6:22.36	1:33.61	1:32.73	SB9	1:45.82 SM9
S10	0:35.53	1:17.33	2:47.53	5:51.45	1:28.44	1:25.80		SM10
S11	0:37.40	1:21.62	2:56.99	6:15.21	1:39.66	1:31.41	SB11	1:58.91 SM11
S12	0:36.41	1:20.96	2:52.48	6:08.50	1:32.07	1:24.92	SB12	1:55.28 SM12
S13	0:34.21	1:19.09	2:52.92	6:08.72	1:31.74	1:27.12	SB13	1:51.98 SM13
S14	0:36.41	1:19.64	2:51.71	6:20.49	1:31.74	1:26.90	SB14	1:49.12 SM14
S15	0:34.21	1:15.79	2:44.45	5:35.83	1:25.47	1:22.83	SB15	1:43.73 SM15

Men	50m Free	100m Free	200m Free	400m Free	100m Back	100m Fly	100m Breast	200m IM		
S16	0:39.71	1:28.88	3:19.21	7:52.89	1:47.25	2:14.75	SB16	2:11.56	SM16	3:57.49
S18	0:38.28	1:23.60	3:00.29	6:39.52	1:36.36	1:31.30	SB18	1:54.62	SM18	3:28.56
S19	0:36.41	1:19.64	2:51.71	6:20.49	1:31.74	1:26.90	SB19	1:49.12	SM19	3:18.66

Previous rule amendments

New in 2024

*All competitions will be held in accordance with the UniSport competition guidelines.

