

2024 UniSport Nationals Cycling

Medical Directory

10-13 September, Stromlo Forest Park

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For quick reference, a list of all locations in this directory can be accessed using this Google Maps link.

Event Medical Coverage – First Responders

UniSport Australia has appointed <u>Sports Medicine Australia</u> (SMA) to provide the official event medical coverage. They are the designated first-responders to all injuries that occur on the field of play.

SMA-supplied Sports Trainers have current HLTAID009 – Provide CPR and HLTAID011 – Provide First Aid qualifications along with a minimum of Level 1 Sports Trainer accreditation. An SMA-accredited Sports Trainer is not simply a First Aider, but an individual with experience in managing sporting injuries and incidents, trained to provide quality, immediate injury care to athletes.

SMA Sports Trainers have skills and knowledge in the areas of sports taping, soft tissue injuries, on-field transport, stings, and allergies, as well as first aid skills such as CPR, wound and fracture management. Sports Trainers have access to the latest SMA policies and guidelines such as the SMA Concussion in Sport Policy and Extreme Heat Policy.

Level 1 Sports Trainers have received education including:

- Concussion Management
- Sports Taping (Ankle, Thumb and Finger)
- Transport of the Injured Athlete
- Nutrition and Hydration
- Drugs in Sport

Level 2 Sports Trainers are the most experienced, completing at least 50 hours of experience in an on-field role and proficient in all Level 1 Sports Trainer content as well as:

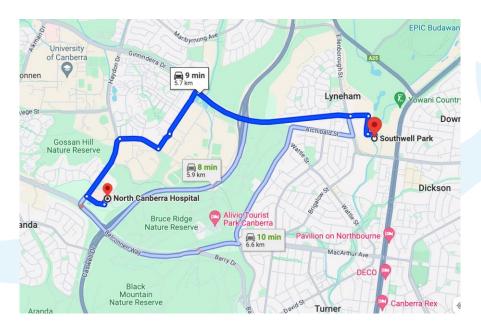


- Advanced Sports Taping (Knee, Shoulder, Elbow and Achilles)
- Spinal Injury Management
- Injury Prevention Programs
- Concussion Management
- Sports Massage
- Wound Management
- Athlete Wellbeing and Mental Health

Hospitals

North Canberra Hospital

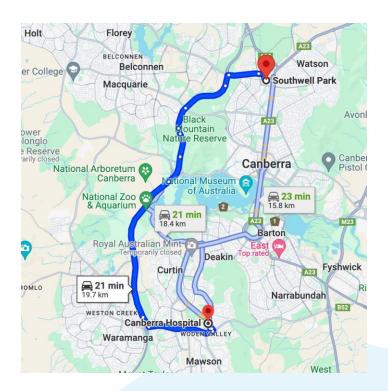
- Mary Potter Circuit, Bruce, 2617
- (02) 6201 6111





Canberra Hospital

- Yamba Drive, Garren, 2605
- (02) 5124 0000



General Practitioners

Holder Family Practice

- 5/13 Holder Place, Holder, 2611
- (02) 6288 52 39
- Opening Hours

Monday - Friday 8:30 AM - 5:00 PM

Weekends Closed

Weston Creek Family Medicine

- Level 1, Suite 3/16 Mahony Court, Weston, 2611
- (02) 6288 6008



After Hours Practitioner

CALMS Northside Surgery

- 60 Mary Potter Circuit, Bruce, 2617
- 1300 422 567
- Operates via phone triage
- Opening Hours

Monday - Friday 8:00 PM - 11:00 PM

Weekends 10:00 AM - 11:00 PM

Weston Creek Walk-In Centre

- 24 Parkinson Street, Weston, 2611
- (02) 5124 8080
- Opening Hours

Every day 7:30 AM - 10:00 PM

Pharmacies

Cooleman Court Pharmacy

- Shop 5051 Brierly Street, Weston, 2611
- (02) 6288 1867
- Opening Hours

Monday - Friday 8:30 AM - 7:00 PM

Saturday 9:00 AM - 6:00 PM

Sunday 9:00 AM - 5:00 PM

Capital Chemist Compounding Wright

- Koko Molonglo Shops, Shop 8/69 John Gorton Drive, Wright
- (02) 6179 4841
- Opening Hours

Monday - Friday 8:30 AM – 6:30 PM

Saturday 9:00 AM – 4:00 PM

Sunday Closed



Sports Medicine Services

aPhysio

- 2 Galbu Place, Aranda, 2614
- +61 400 690 025

Accelerate Physiotherapy Jamison

- Unit 106/4 Henshall Way, Macquarie, 2614
- (02) 6232 4773
- Opening Hours

Monday – Friday 7:00 AM – 5:00 PM

Weekends Closed

Dental Services

Molonglo Dental Surgery

- 110 Woodberry Avenue, Coombs, 2611
- (02) 6287 1222
- Opening Hours

 Mon, Tues, Thurs
 8:30 AM - 7:00 PM

 Wed, Fri
 8:30 AM - 5:00 PM

 Weekends
 9:00 AM - 2:00 PM

Evolving Smiles

- Denman Village Shops, 23/3 Felstead Vista, Denman Prospect, 2611
- (02) 6109 9440



Radiology Services

Qscan Radiology Clinic Macquarie

- 3 Jamison Centre, Macquarie, 2614
- (02) 6126 5020

Lumus Imaging Belconnen

- Corner Nettlefold Street & Coulter Drive, Belconnen, 2617
- (02) 6218 1951
- Opening Hours

Monday - Friday 8:00 AM - 4:00 PM Saturday 10:00 AM - 4:00 PM

Sunday Closed