

2025 UniSport Nationals Sailing

Medical Directory

29 September – 2 October, Southport Yacht Club, Southport

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For quick reference, a list of all locations in this directory can be accessed using This Link:

<https://www.google.com/maps/d/u/0/edit?mid=1YCV2MPR5WwSrd7vloZMzuVMSx8TGJcE&usp=sharing>

Event Medical Coverage – First Responders

UniSport Australia has appointed [Sports Medicine Australia](#) (SMA) to provide the official event medical coverage. They are the designated first-responders to all injuries that occur on the field of play.

SMA-supplied Sports Trainers have current HLTAID009 – Provide CPR and HLTAID011 – Provide First Aid qualifications along with a minimum of Level 1 Sports Trainer accreditation. An SMA-accredited Sports Trainer is not simply a First Aider, but an individual with experience in managing sporting injuries and incidents, trained to provide quality, immediate injury care to athletes.

SMA Sports Trainers have skills and knowledge in the areas of sports taping, soft tissue injuries, on-field transport, stings, and allergies, as well as first aid skills such as CPR, wound and fracture management. Sports Trainers have access to the latest SMA policies and guidelines such as the SMA Concussion in Sport Policy and Extreme Heat Policy.

Level 1 Sports Trainers have received education including:

- Concussion Management
- Sports Taping (Ankle, Thumb and Finger)
- Transport of the Injured Athlete
- Nutrition and Hydration
- Drugs in Sport

Level 2 Sports Trainers are the most experienced, completing at least 50 hours of experience in an on-field role and proficient in all Level 1 Sports Trainer content as well as:

- Advanced Sports Taping (Knee, Shoulder, Elbow and Achilles)
- Spinal Injury Management
- Injury Prevention Programs
- Concussion Management
- Sports Massage
- Wound Management
- Athlete Wellbeing and Mental Health

Hospitals

Gold Coast University Hospital

- 1 Hospital Blvd, Southport, 4215
- +61 1300 744 284
- Open 24 Hours

Southport Day Hospital

- 1/98 Marine parade, Southport, 4215
- (07) 5620 1000
- Open 8:00am – 4:00pm

General Practitioners

Southport Doctors

- Level 1 & 2 Davenport Street, Southport, QLD, 4215
- (07) 5531 3205
- Opening Hours: Monday – Friday: 8:00am – 5:00pm

Sundale Medical

- 8/2 Como Cres, Southport, QLD, 4215
- (07) 5631 5959
- Opening Hours: 8:00am – 5:00pm

After Hours Practitioner

Gold Coast After Hours Doctor - Southport

- 125 Nerang Street, Southport, QLD, 4125
- (07) 5532 8666
- Opening Hours: Monday – Friday: 6am – Midnight, Weekends: 6am – Midnight

After Hours Doctor Gold Coast

- Australia Fair Metro, Shop M032/58 Scarborough Street, Southport, QLD, 4215
- +61 7 5612 7830
- Opening Hours: Monday – Friday: 8:00am – 10:00pm

Pharmacies

Chemist Warehouse Southport

- 75 Scarborough Street, Southport, QLD, 4215
- (07) 5591 8400
- Opening Hours: 7:30am – 7:00pm

Southport Chempro Chemist

- 2/103 Nerang Street, Southport, QLD, 4215
- +61 7 5591 2254
- Opening Hours: Monday – Sunday: 8:00am – 10:00pm

Sports Medicine Services

Physio Next Door

- 5, 3G Building/27 Garden Street, Southport, QLD 4215
- (07) 5678 2009
- Opening Hours: Monday – Friday: 8:00am – 5:00pm

PhysioFit

- 102 Queen Street, Southport, QLD, 4215
- +61 7 5528 6000
- Opening Hours: Monday – Friday: 8:00am – 6:00pm

Dental Services

Primary Dental Southport

- Suite 1/178 Nerang Street, Southport QLD 4215
- (07) 5680 0030
- Opening Hours: Monday – Tuesday: 9:00am – 7:00pm,
Wednesday, Thursday, Friday: 9:00am – 5:00pm

Maven Dental Southport

- Tower 1, Suite 1205, Level 2/56 Scarborough Street, Southport, QLD 4215
- (07) 5591 2727

- Opening Hours: Monday – Friday: 8:00am – 5:00pm

Radiology Services

Qscan Radiology

- Suite 5.2B, Level 5/123 Nerang Street, Southport, QLD, 4215
- (07) 5503 3433
- Opening Hours: Monday – Friday: 8:00am – 6:00pm

Queensland X-Ray Southport

- 127 Queen Street, Southport, QLD, 4215
- (07) 5581 0900
- Opening Hours: Monday – Friday: 7:00am – 6:00pm

