

# 2024 UniSport Nationals Lacrosse 5s

## Medical Directory

9-12 September, ANU Willows Synthetic

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For quick reference, a list of all locations in this directory can be accessed using [this Google Maps link](#).

### Event Medical Coverage – First Responders

UniSport Australia has appointed [Sports Medicine Australia \(SMA\)](#) to provide the official event medical coverage. They are the designated first-responders to all injuries that occur on the field of play.

SMA-supplied Sports Trainers have current HLTAID009 – Provide CPR and HLTAID011 – Provide First Aid qualifications along with a minimum of Level 1 Sports Trainer accreditation. An SMA-accredited Sports Trainer is not simply a First Aider, but an individual with experience in managing sporting injuries and incidents, trained to provide quality, immediate injury care to athletes.

SMA Sports Trainers have skills and knowledge in the areas of sports taping, soft tissue injuries, on-field transport, stings, and allergies, as well as first aid skills such as CPR, wound and fracture management. Sports Trainers have access to the latest SMA policies and guidelines such as the SMA Concussion in Sport Policy and Extreme Heat Policy.

Level 1 Sports Trainers have received education including:

- Concussion Management
- Sports Taping (Ankle, Thumb and Finger)
- Transport of the Injured Athlete
- Nutrition and Hydration
- Drugs in Sport

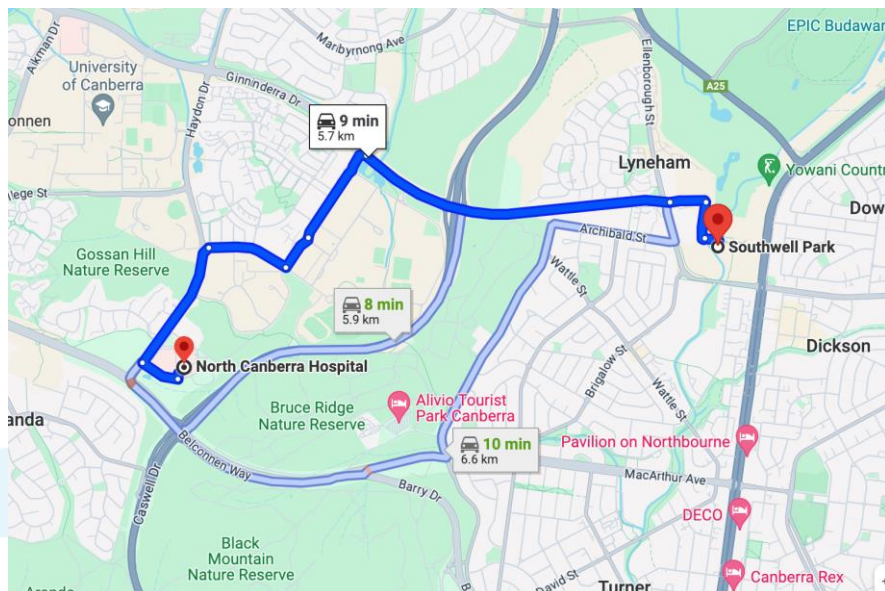
Level 2 Sports Trainers are the most experienced, completing at least 50 hours of experience in an on-field role and proficient in all Level 1 Sports Trainer content as well as:

- Advanced Sports Taping (Knee, Shoulder, Elbow and Achilles)
- Spinal Injury Management
- Injury Prevention Programs
- Concussion Management
- Sports Massage
- Wound Management
- Athlete Wellbeing and Mental Health

## Hospitals

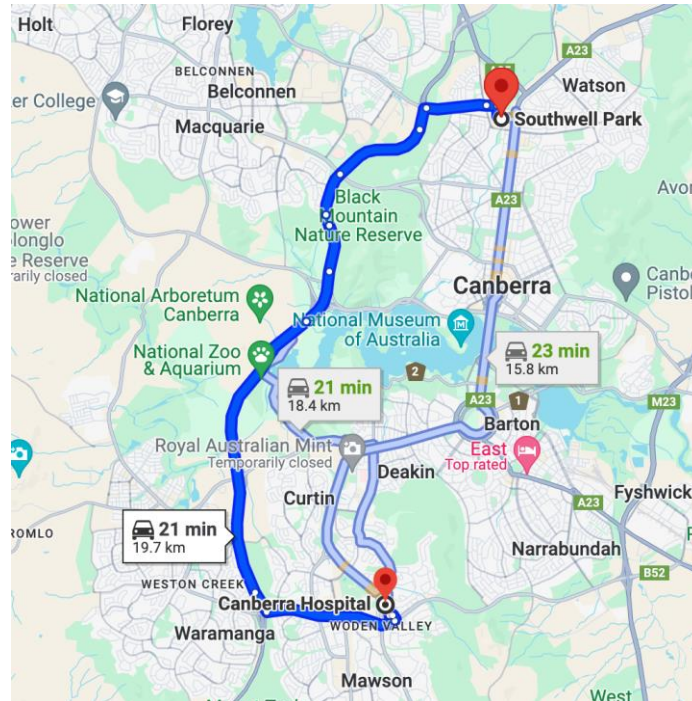
### North Canberra Hospital

- Mary Potter Circuit, Bruce, 2617
- (02) 6201 6111



## Canberra Hospital

- Yamba Drive, Garren, 2605
- (02) 5124 0000



## General Practitioners

### Northside General Practice

- Unit 3/15 Sargood Street, O'Connor, 2602
- (02)6248 7878
- Opening Hours
 

Monday - Friday	8:30 AM - 5:30 PM
Weekends	Closed

### Ochre Medical Centre Braddon

- Unit 66 10-12 Lonsdale Street, Braddon, 2612
- (02) 6171 0130
- Opening Hours
 

Monday - Friday	8:00 AM - 5:00 PM
Saturday	9:00 AM – 1:00 PM
Sunday	Closed

## After Hours Practitioner

### CALMS Northside Surgery

- 60 Mary Potter Circuit, Bruce, 2617
- 1300 422 567
- Operates via phone triage
- Opening Hours
  - Monday - Friday 8:00 PM - 11:00 PM
  - Weekends 10:00 AM – 11:00 PM

### Inner North (Dickson) Walk-in Centre

- 111 Dickson Place, Dickson, 2602
- (02) 5124 8080
- Opening Hours
  - Every day 7:30 AM – 10:00 PM

## Pharmacies

### The Pharmacy on Northbourne

- 66 Northbourne Avenue, Cnr of Northbourne Avenue and Alinga Street, Canberra City, 2601
- (02) 6162 1133
- Opening Hours
  - Everyday 8:00 AM – 11:00 PM

### Capital Chemist O'Connor

- 9 Sargood Street, O'Connor, 2602
- (02) 6248 7050
- Opening Hours
  - Everyday 8:00 AM – 11:00 PM

## Sports Medicine Services

### Fortis Physio

- Building 156, Health and Wellbeing Centre, Suite 4.11/L4 Joplin Lane, Acton, 2601
- (02) 6247 7033

### Capital Clinic Physiotherapy City West

- 9/15 London Circuit, Canberra City
- (02) 6153 6200

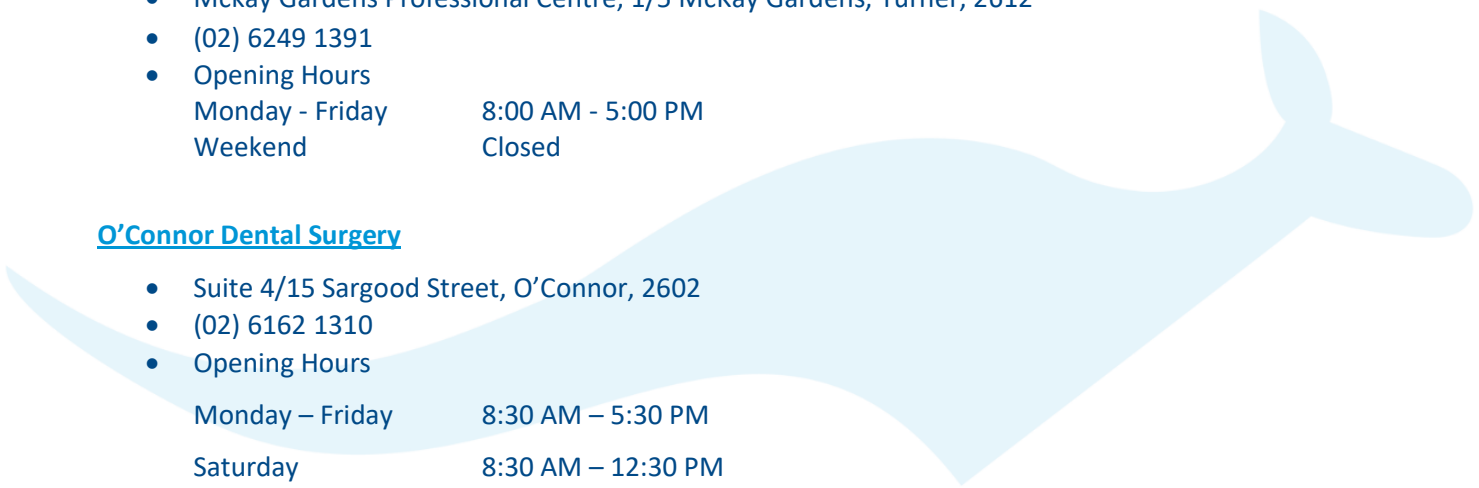
## Dental Services

### Bespoke Dental Canberra

- McKay Gardens Professional Centre, 1/5 McKay Gardens, Turner, 2612
- (02) 6249 1391
- Opening Hours
  - Monday - Friday 8:00 AM - 5:00 PM
  - Weekend Closed

### O'Connor Dental Surgery

- Suite 4/15 Sargood Street, O'Connor, 2602
- (02) 6162 1310
- Opening Hours
  - Monday – Friday 8:30 AM – 5:30 PM
  - Saturday 8:30 AM – 12:30 PM
  - Sunday Closed



## Radiology Services

### Qscan Radiology Clinic Braddon

- 11 Torrens Street, Braddon, 2602
- (02) 6126 5070

### Canberra Imaging Group – Dickson

- Unit C31/484 Northbourne Avenue, Dickson, 2602
- (61) 1300 788 508
- Opening Hours
  - Monday – Friday 8:30 AM – 5:00 PM
  - Weekends Closed

