



Please note timetable is subject to change depending on entry/confirmation numbers. [Numbers currently shown as a guide are for 2024] Please check back regularly for updates. \* Para sprint events to be stand alone if that is preferred by athletes. To be surveyed after entries close for preference.

## Tuesday 22 April 2025

	TUESDAY TRACK						TUESDAY FIELD						
Time	Age Group	Event No	Entry No	Event	Round	Time	Age Group	Event No	Entry No	Event	Round		
						4:00 PM	Open Men		18	Triple Jump	Final		
3:30 PM	Open Men		66	100m	Heats (8)	4:00 PM	Open Women		13	Pole Vault	Final		
4:10 PM	Open Women		49	100m	Heats (6)	4:20 PM	Open Men		7	Hammer	Final		
4:40 PM	Open Men		67	400m	Heats (8)								
5:20 PM	Open Women		34	400m	Heats (4)								
						5:30 PM	Open Women		10	Hammer	Final		
5:40 PM	Open Men		42	1500m	Finals (3)	6:00 PM	Open Women		16	Triple Jump	Final		
6:05 PM	Open Women		27	1500m	Finals (2)								
6:15 PM	Open Para Women*		5	100m	Final	6:00 PM	Open Men		12	Pole Vault	Final		
6:20 PM	Open Para Men*		?	100m	Final								
6:25 PM	Open Women		24	100m	Semi Finals (3)								
6:40 PM	Open Men		24	100m	Semi Finals (3)								
6:55 PM	Open Women		9	10,000m	Final								
6:55 PM	Open Men		11	10,000m	Final								
7:35 PM	Mixed		9+	4x400m relay	Finals (2)								

## Wednesday 23 April 2025

	WEDNESDAY TRACK						WEDNESDAY FIELD						
Time	Age Group	Event No	Entry No	Event	Round	Time	Age Group	Event No	Entry No	Event	Round		
						1:30 PM	Open Women		30	Long Jump	Qualifying		
2:30 PM	Open Women		8	100m	Final	2:00 PM	Open Men		15	High Jump - Pit 1	Final		
2:40 PM	Open Men		8	100m	Final	2:10 PM	Open Men		14	Discus	Final		
2:50 PM	Open Men		10	3000m Steeple	Final	1							
3:10 PM	Open Women		9	3000m Steeple	Final								
3:30 PM	Open Women		8	400m	Final	3:30 PM	Open Men		27	Long Jump	Qualifying		
3:40 PM	Open Men		8	400m	Final								
4:00 PM	Open Men		11	110m Hurdles	Finals (2)								
4:10 PM	Open Women		24	100m Hurdles	Finals (3)	4:10 PM	Open Women		13	High Jump - Pit 2	Final		
						4:20 PM	Open Women		11	Discus	Final		
4:30 PM	Open Men		1	5000m Walk	Final								
4:30 PM	Open Women		7	5000m Walk	Final								
5:00 PM	Open Para Men*		?	200m	Final								
5:05 PM	Open Para Women*		4	200m	Final								
5:15 PM	Open Women		66	200m	Heats (8)								
5:40 PM	Open Men		72	200m	Heats (9)								
6:15 PM	Open Women		34	800m	Heats (3)								
5:30 PM	Open Men		38	800m	Heats (3)								

## Thursday 24 April 2025

		THURSDAY TRACK					THURSDAY FIELD					
Time	Age Group	Event No	Entry No	Event	Round	Time	Age Group	Event No	Entry No	Event	Round	
10:00 AM	Open Women		16	400m Hurdles	Finals (2)	9:30 AM	Open Women		10	Shot Put	Final	
10:15 AM	Open Men		14	400m Hurdles	Finals (2)	9:35 AM	Open Men		13	Javelin	Final	
						9:40 AM	Open Women		10	Long Jump	Final	
10:40 AM	Open Women		9+	4 x 100m Relay	Finals (2)							
10:50 AM	Open Men		9+	4 x 100m Relay	Finals (2)							
						10:30 AM	Open Men		19	Shot Put	Final	
11:05 AM	Open Women		8	800m	Final	10:50 AM	Open Women		17	Javelin	Final	
11:12 AM	Open Men		8	800m	Final	11:10 AM	Open Men		10	Long Jump	Final	
11:25 AM	Open Women		8	200m	Final		1.00					
11:32 AM	Open Men		8	200m	Final							
11:40 AM	Open Women		25	5000m	Final							
12:05 PM	Open Men		32	5000m	Final							
12:30 PM	Open Women		9+	4 x 400m	Finals (2)							
12:40 PM	Open Men		9+	4 x 400m	Finals (2)							
1:00 PM	Final presentations -	Overall Champion	University Aw	vards								

