



Please note timetable is subject to change depending on entry/confirmation numbers. [Numbers currently shown as a guide are for 2024] Please check back regularly for updates. * Para sprint events to be stand alone if that is preferred by athletes. To be surveyed after entries close for preference.

Tuesday 22 April 2025

	TUESDAY TRACK						TUESDAY FIELD						
Time	Age Group	Event No	Entry No	Event	Round	Time	Age Group	Event No	Entry No	Event	Round		
						4:00 PM	Open Men		18	Triple Jump	Final		
3:30 PM	Open Men		66	100m	Heats (8)	4:00 PM	Open Women		13	Pole Vault	Final		
4:10 PM	Open Women		49	100m	Heats (6)	4:20 PM	Open Men		7	Hammer	Final		
4:40 PM	Open Men		67	400m	Heats (8)								
5:20 PM	Open Women		34	400m	Heats (4)								
						5:30 PM	Open Women		10	Hammer	Final		
5:40 PM	Open Men		42	1500m	Finals (3)	6:00 PM	Open Women		16	Triple Jump	Final		
6:05 PM	Open Women		27	1500m	Finals (2)								
6:15 PM	Open Para Women*		5	100m	Final	6:00 PM	Open Men		12	Pole Vault	Final		
6:20 PM	Open Para Men*		?	100m	Final								
6:25 PM	Open Women		24	100m	Semi Finals (3)								
6:40 PM	Open Men		24	100m	Semi Finals (3)								
6:55 PM	Open Women		9	10,000m	Final								
6:55 PM	Open Men		11	10,000m	Final								
7:35 PM	Mixed		9+	4x400m relay	Finals (2)								

Wednesday 23 April 2025

	WEDNESDAY TRACK						WEDNESDAY FIELD						
Time	Age Group	Event No	Entry No	Event	Round	Time	Age Group	Event No	Entry No	Event	Round		
						1:30 PM	Open Women		30	Long Jump	Qualifying		
2:30 PM	Open Women		8	100m	Final	2:00 PM	Open Men		15	High Jump - Pit 1	Final		
2:40 PM	Open Men		8	100m	Final	2:10 PM	Open Men		14	Discus	Final		
2:50 PM	Open Men		10	3000m Steeple	Final	1							
3:10 PM	Open Women		9	3000m Steeple	Final								
3:30 PM	Open Women		8	400m	Final	3:30 PM	Open Men		27	Long Jump	Qualifying		
3:40 PM	Open Men		8	400m	Final								
4:00 PM	Open Men		11	110m Hurdles	Finals (2)								
4:10 PM	Open Women		24	100m Hurdles	Finals (3)	4:10 PM	Open Women		13	High Jump - Pit 2	Final		
						4:20 PM	Open Women		11	Discus	Final		
4:30 PM	Open Men		1	5000m Walk	Final								
4:30 PM	Open Women		7	5000m Walk	Final								
5:00 PM	Open Para Men*		?	200m	Final								
5:05 PM	Open Para Women*		4	200m	Final								
5:15 PM	Open Women		66	200m	Heats (8)								
5:40 PM	Open Men		72	200m	Heats (9)								
6:15 PM	Open Women		34	800m	Heats (3)								
5:30 PM	Open Men		38	800m	Heats (3)								

Thursday 24 April 2025

		THURSDAY TRACK					THURSDAY FIELD					
Time	Age Group	Event No	Entry No	Event	Round	Time	Age Group	Event No	Entry No	Event	Round	
10:00 AM	Open Women		16	400m Hurdles	Finals (2)	9:30 AM	Open Women		10	Shot Put	Final	
10:15 AM	Open Men		14	400m Hurdles	Finals (2)	9:35 AM	Open Men		13	Javelin	Final	
						9:40 AM	Open Women		10	Long Jump	Final	
10:40 AM	Open Women		9+	4 x 100m Relay	Finals (2)							
10:50 AM	Open Men		9+	4 x 100m Relay	Finals (2)							
						10:30 AM	Open Men		19	Shot Put	Final	
11:05 AM	Open Women		8	800m	Final	10:50 AM	Open Women		17	Javelin	Final	
11:12 AM	Open Men		8	800m	Final	11:10 AM	Open Men		10	Long Jump	Final	
11:25 AM	Open Women		8	200m	Final		1.00					
11:32 AM	Open Men		8	200m	Final							
11:40 AM	Open Women		25	5000m	Final							
12:05 PM	Open Men		32	5000m	Final							
12:30 PM	Open Women		9+	4 x 400m	Finals (2)							
12:40 PM	Open Men		9+	4 x 400m	Finals (2)							
1:00 PM	Final presentations -	Overall Champion	University Aw	vards								

