



# UNISPORT NATIONALS DIV 1 TEAM SAILING 10-13 September 2024



## SAILING INSTRUCTIONS

Organising Authority: Canberra Yacht Club  
In Conjunction with UniSport Australia

### 1 RULES

- 1.1 The series will be governed by the rules as defined in The Racing Rules of Sailing (RRS) 2021 - 2024 including Appendix D – Team Racing Rules and Attachment A – Boats provided by the Organising Authority except for changes indicated in relevant paragraphs in the Notice of Race and these Sailing Instructions.
- 1.2 The Prescriptions and Special Regulations of Australian Sailing (AS) will apply.
- 1.3 The UniSport Australia (UniSport) Guidelines for Sailing, Eligibility of Competitors, Participation Agreement and Code of Behaviour will apply.
- 1.4 No Class Association rules will apply.
- 1.5 All races will be umpired in accordance with Appendix D2.
- 1.6 To comply with RRS D2.2 a boat may protest another boat by clearly displaying a red flag on a side-stay, raised at least 50cm above the deck. A red flag at the bottom of the sidestay will be regarded as “inactive”. Once a penalty has been taken or the umpire’s decision made, the flag shall be returned to its inactive position. This changes RRS D2.2.
- 1.7 From the time of her preparatory signal until she has finished, a boat which capsizes such that the masthead enters the water shall immediately retire from the race.
- 1.8 As notified above and in addition, that: SI 4.2 changes RRS Race Signals, SI 6.3 and SI 11.5 changes RRS 63.1, SI 7.6 changes RRS D3.1, SI 11.1 changes RRS 26 and RRS Race Signals, SI 12.1 changes RRS 29.1, SI 12.2 changes RRS 62.1, SI 14.2 changes RRS 35 and RRS 63.1, SI 14.3 changes RRS 32 and RRS Race Signals, SI 15.2 changes RRS Appendix D2.4, and SI 15.3 changes RRS D5.

### 2 CHANGE TO SAILING INSTRUCTIONS

- 2.1 Any change to the Sailing Instructions will be posted before 1000 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect. These will be posted on the Official Notice Board. Race signals - Code Flag “L” ashore applies for the first race day after each change is posted.
- 2.2 Changes to the Sailing Instructions may also be made on the water or when a Race Committee Boat (RCB) / Race Control Tower (RCT) is on station, RRS Race Signals - Code Flag “L” Afloat applies.

### 3 COMMUNICATION/NOTICE TO COMPETITORS

- 3.1 All relevant communications will be posted on the Official Notice Board located within the CYC Sailors Cabin.
- 3.2 As outlined in SI 5.2 competitors will also receive communications about the schedule of racing from the Organising Authority via SMS and email.
- 3.3 Team managers, coaches, team members not racing, and supporters shall not communicate in any way with competitors from the preparatory signal until all boats have finished or the Race

Committee signals a postponement, general recall or abandonment.

#### **4 SIGNALS MADE ASHORE**

**4.1** Signals made ashore will be displayed at the Race Control Tower (RCT).

**4.2** When the AP flag is displayed from the RCT when the Starting (Orange) Flag is not displayed, races not started are postponed and the first warning signal will be made at least 30 minutes after the AP flag is removed. This changes RRS Race Signals.

**4.3** When the AP flag is displayed from the RCT when the Starting (Orange) Flag is displayed, races not started are postponed and the warning signal will be made at least 1 minute after the AP flag is removed.

#### **5 SCHEDULE OF RACES**

**5.1** The schedule of events will be as follows:

Tuesday 10 September	0900 – 0955	Team Registration
	1000 - 1015	Regatta Briefing
	1030 - 1730	Practice Day (or Racing Session)
Wednesday 11 September	1000 - 1730	Racing Session
	Post Racing	Umpire Debrief
Thursday 12 September	1000 - 1730	Racing Session
	Post Racing	Umpire Debrief
Friday 13 September	1000 - 1600	Racing Session
	Post Racing	Medal Ceremony and Closing

**5.2** The first warning signal on a day will take place within the times listed for Racing Sessions in SI 5.1. A team representative will be notified via SMS and email no later than 2000hrs on the day preceding a race session, advising the earliest possible time of first warning signal. The earliest possible time of a first warning will be displayed on the official notice board at the club from 0900hrs each day, and no redress will be granted for competitors who do not receive this SMS or email. Subsequent races on a day will be started as soon as possible after this first race up until the end of the designated Racing Session.

**5.3** Tuesday 10 September is currently designated as a practice day, however the organising authority may, where circumstances dictate, designate this as a racing session. If this is required a team representative will be notified via SMS and email no later than 1200hrs on Monday 9 September. No redress will be granted for competitors who do not receive this SMS or Email.

**5.4** There will be no warning signal made after 1600hrs on Friday 13th September.

**5.5** The Organising Authority may, where circumstances dictate, vary the schedule for this event.

#### **6 EVENT FORMAT**

**6.1** Racing shall consist of three boat versus three boat team sailing in a round robin format.

**6.2** Following a breakdown, races may be completed in two boat versus two boat format until repairs are completed or a substitute boat is provided. Boats selected to race in two boat versus two boat

format shall be at the discretion of the race Umpires.

**6.3** Teams will attend the changeover muster area prior to each of their scheduled races. Teams will change over into the boats assigned to them in the draw. It is the sole responsibility of each team to report to the Regatta Marshall at the changeover muster area and be available for changeover prior to their scheduled race. Teams not available at the time of changeover shall be scored a loss for that race without a hearing. This changes RRS 63.1.

**6.4** The event will consist of the following stages:

**6.4.1** Stage 1 – Qualifying Series (Round Robin)

- a) Scheduled from Tuesday 10<sup>th</sup> September to Friday 13<sup>th</sup> September 2024, see SI 5.3.
- b) All teams will participate in the Round Robin. All teams will compete in the same group. A draw will be made available prior to the start of the first race outlining the order of races, which teams are racing in each race, and which boats each team will be in for each race.
- c) As many rounds as possible of the Round Robin will be raced. Incomplete rounds will be scored according to RRS Appendix D. No warning signal for the first race of a new round will be made after 1200 on Friday 13<sup>th</sup> September.
- d) Teams will be ranked in the order determined by the Round Robin results to determine which teams participate in Stage 2.

**6.4.2** Stage 2 – Finals Series (Knock Out Series)

- a) Scheduled for Friday 13<sup>th</sup> September 2024 immediately following the finish of Stage 1.
- b) The top four teams from Stage 1 will participate in this stage.
- c) The semi-final will have the 1<sup>st</sup> and 2<sup>nd</sup> placed teams and the 3<sup>rd</sup> and 4<sup>th</sup> placed teams from Stage 1 race off against each other. The winner of the 1<sup>st</sup> v 2<sup>nd</sup> race will progress straight to the final, the other team will progress to the redemption heat. The winner of the 3<sup>rd</sup> v 4<sup>th</sup> race will progress to the redemption heat and the other team will be knocked out.
- d) The winner of the redemption heat will progress to the final and the other team will be awarded 3<sup>rd</sup> place.
- e) In the final the winner shall be awarded 1<sup>st</sup> place and the other team shall receive 2<sup>nd</sup> place.
- f) The intention is for the semi-final and the redemption heat results to be a best of three races, and for the final results to be a best of five races.
- g) The race committee may change the format as required in the prevailing conditions to achieve a clear result.

## **7 SUPPLIED BOATS**

**7.1** RS Quest Dinghies will be supplied by the Organising Authority.

**7.2** Competitors shall not modify the supplied boats or cause them to be modified in any way except that fittings or equipment designed to be adjusted while racing may be adjusted.

**7.3** All equipment intended to be in the boat for sailing purposes shall be in the boat while afloat.

**7.4** The penalty for not complying with SI 7.2 and/or 7.3 will be disqualification of the team from all races sailed in which there was non-compliance.

**7.5** Competitors shall report any damage or loss of equipment, however slight, to the organising authority's representative immediately after changing out of the boat or securing the boat ashore.

**7.6** The penalty for not complying with this instruction unless the jury is satisfied that the competitor

made a determined effort to comply will be disqualification (10 points added to team score) from the race most recently sailed in which that boat's team was successful. This changes RRS D3.1.

## 8 FLAGS

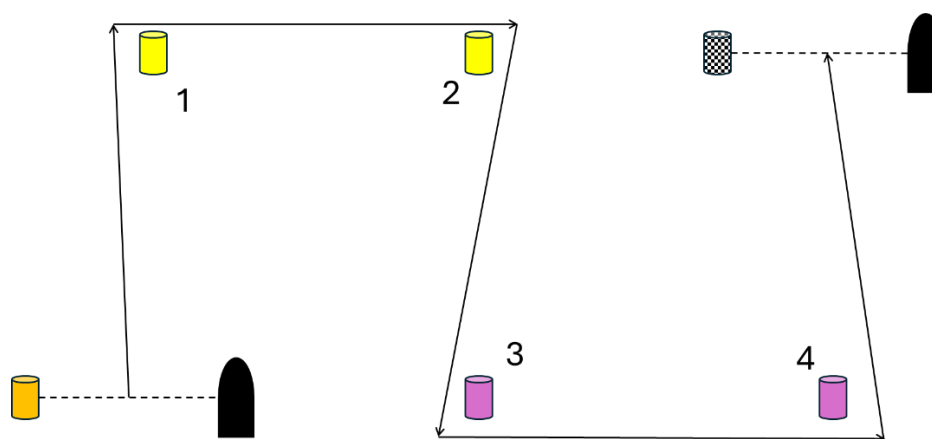
### 8.1 Fleet Flags

Fleet 1	Quest Fleet 1	Numeral pennant 1
Fleet 2	Quest Fleet 2	Numeral pennant 2

8.2 When displaying the Starting (Orange) Flag, the RCT / RCB is considered to be on-station.

## 9 COURSES

9.1 The course to be sailed will be a starboard hand digital N course, consisting of a windward leg, a leeward leg and a windward finish leg. There will be short reaching legs between each of the windward/leeward legs.



Start – 1(S) – 2(S) – 3(P) – 4(P) - Finish

## 10 MARKS

- 10.1 Course marks 1 and 2 Yellow cylindrical buoys  
 Course marks 3 and 4 Pink cylindrical buoys  
 Starting Mark Orange cylindrical buoy  
 Finishing Mark Black and white cylindrical buoy (or an orange cylindrical buoy may be used)
- Course marks may be numbered

## 11 THE START

11.1 Races will be started by using the below starting sequence. Sound signals will take precedence over visual signals for timing accuracy when this sequence is used. This changes RRS 26 and Race Signals.

Signal	Time	Sound	Visual Signal
Warning	3 min before start	3 long sounds	Fleet flag displayed
Preparatory	2 min before start	2 long sounds	Preparatory flag displayed
One Minute	1 min before start	1 long sound	Preparatory flag lowered
	30 sec before start	3 short sounds	
	20 sec before start	2 short sounds	

	10 sec before start	1 short sound	
	5 sec before start	1 short sound	
	4 sec before start	1 short sound	
	3 sec before start	1 short sound	
	2 sec before start	1 short sound	
	1 sec before start	1 short sound	
Start	0	1 long sound	Fleet flag lowered

**11.2** Failure of the automatic starting system shall not be grounds for redress. In the event that the start system is not operational, the race committee will revert to a three-minute sequence with one sound at each minute.

**11.3** The starting line will be between the Starting Mark and the flagstaff on the RCB/RCT displaying the Starting Flag.

**11.4** Boats whose Warning Signal has not been made shall keep clear of both the starting area and keep clear of all boats that are in their starting sequence.

**11.5** A boat that is in the starting area and does not start within 2 minutes after her starting signal will be scored points equal to last place without a hearing. This changes RRS 63.1.

## **12 RECALLS**

**12.1** Recalls shall be signalled in accordance with RRS 29, except that flag X shall be displayed for no more than one minute. This changes RRS 29.1.

**12.2** The Race Officer may attempt to call out the bow number of any boats starting prematurely. Failure to hear the call shall not be grounds for redress. This changes RRS 62.1.

## **13 THE FINISH**

**13.1** The finishing line will be between the Finishing Mark and the flagstaff of the RCB/RCT displaying the Finish Flag.

**13.2** Boats shall keep clear of, and not cross, the finish line unless they are finishing.

## **14 TIME LIMITS**

**14.1** If no boat has finished within 20 minutes of the start, the race will be abandoned.

**14.2** Boats not finishing within five minutes of the first boat that sails the course and finishes will be scored points equal to last place without a hearing. This changes RRS 35, RRS 63.1.

**14.3** Race Abandonment may be signalled orally by the Race Committee and/or the Umpires. Abandoned races may be resailed and if so, a new warning signal will be made as soon as practical. This changes RRS 32 and RRS Race Signals.

## **15 PROTESTS AND REQUESTS FOR REDRESS**

**15.1** For protests and requests for redress other than protests under a rule listed in RRS D2.2, competitors shall inform an Umpire or the Race Committee prior to rotating boats or going ashore.

**15.2** RRS D2.4 is amended such that a "Green or Green and White" flag will signal no penalty and a "Black or Black and White" flag will signal that an incident will be reported to the protest

committee.

- 15.3** For hearings involving breakdowns, RRS D5 is changed to replace “Race Committee” with “Umpires”.

**16 SCORING**

- 16.1** As detailed in RRS Appendix D3 and D4.

**17 SAFETY REGULATIONS**

- 17.1** At all times afloat, competitors will wear lifejackets according to standards in AS Safety Regulations Part 2, Off the Beach Boats. Inflatable lifejackets are not permitted.

**18 SUPPORT BOATS**

- 18.1** Support boats are not permitted at this event.

**19 PRACTICE SESSION**

- 19.1** As outlined in SI 5.1, Tuesday 10 September is designated as a practice day. Teams wishing to participate in the practice sessions should register their interest by emailing the Organising Authority via [admin@canberrayc.com](mailto:admin@canberrayc.com) and include their preferred time between 1100hrs and 1700hrs.

- 19.2** The schedule for the practice day will be made available to teams no later than 2400hrs on Saturday 7 September.

# **ATTACHMENT A – BOATS PROVIDED BY THE ORGANIZING AUTHORITY**

## **A1 GENERAL**

- A1.1** While all reasonable steps will be taken to equalise boats, variations will not be grounds for redress (this changes RRS 62).
- A1.2** Competitors shall inspect assigned boats before each race for possible breakdown and missing equipment. Discrepancies shall be reported to the organising authority's representative.
- A1.3** Competitors shall report any damage or loss of equipment however slight as soon as possible to the organising authority's representative.
- A1.4** Handover of boats between races should be completed without delay. After finishing, competitors shall sail directly to the changeover area without interfering with any races in progress.

## **A2 PROHIBITED ITEMS AND ACTIONS**

- A2.1** Except in an emergency or in order to prevent damage or injury, or when directed by an umpire, the following are prohibited:
- Perforating sails;
  - Cleaning or washing hulls, centreboards and rudders with anything else other than clean water;
  - Adjusting or altering standing rigging, halyards and mainsail batten tension;
  - Removing purchases on the mainsheet;
  - Marking of the hull or equipment other than by removable adhesive tape;
  - The use of equipment or fittings for a purpose other than intended; and
  - Any additions or alterations of equipment supplied.

## **A3 PERMITTED ITEMS AND ACTIONS**

- A3.1** All equipment provided with boat for sailing purposes shall be carried while afloat.
- A3.2** It is permissible to take on board:
- Yarn or thread;
  - Easily removable adhesive tape;
  - Line (elastic or otherwise of 3mm diameter or less) that may be used for making minor repairs and preventing further damage.
  - A bailer.
- A3.3** All fittings or equipment designed to be adjusted may be adjusted except that halyards and any standing rigging that is taped by the organising authority may not be adjusted.

## **A4 MANDATORY ITEMS AND ACTIONS**

- A4.1** Boats shall be handed over as empty of water as possible and in racing condition.
- A4.2** At the end of the Championship teams on the water are responsible for hauling out, derigging and stowing the boats they are sailing.