

2024 UniSport Nationals Cheer & Dance

Medical Directory

11 September, EPIC Budawang

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For quick reference, a list of all locations in this directory can be accessed using this Google Maps link.

Event Medical Coverage – First Responders

UniSport Australia has appointed <u>Sports Medicine Australia</u> (SMA) to provide the official event medical coverage. They are the designated first-responders to all injuries that occur on the field of play.

SMA-supplied Sports Trainers have current HLTAID009 – Provide CPR and HLTAID011 – Provide First Aid qualifications along with a minimum of Level 1 Sports Trainer accreditation. An SMA-accredited Sports Trainer is not simply a First Aider, but an individual with experience in managing sporting injuries and incidents, trained to provide quality, immediate injury care to athletes.

SMA Sports Trainers have skills and knowledge in the areas of sports taping, soft tissue injuries, on-field transport, stings, and allergies, as well as first aid skills such as CPR, wound and fracture management. Sports Trainers have access to the latest SMA policies and guidelines such as the SMA Concussion in Sport Policy and Extreme Heat Policy.

Level 1 Sports Trainers have received education including:

- Concussion Management
- Sports Taping (Ankle, Thumb and Finger)
- Transport of the Injured Athlete
- Nutrition and Hydration
- Drugs in Sport

Level 2 Sports Trainers are the most experienced, completing at least 50 hours of experience in an on-field role and proficient in all Level 1 Sports Trainer content as well as:

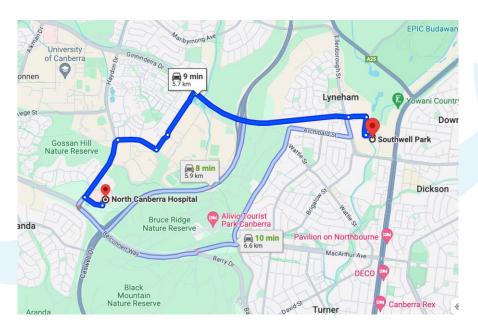


- Advanced Sports Taping (Knee, Shoulder, Elbow and Achilles)
- Spinal Injury Management
- Injury Prevention Programs
- Concussion Management
- Sports Massage
- Wound Management
- Athlete Wellbeing and Mental Health

Hospitals

North Canberra Hospital

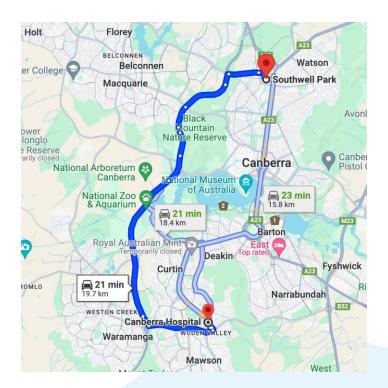
- Mary Potter Circuit, Bruce, 2617
- (02) 6201 6111





Canberra Hospital

- Yamba Drive, Garren, 2605
- (02) 5124 0000



General Practitioners

Watson General Practice

- 34 Windeyer Street, Watson, 2602
- (02) 6248 7005
- Opening Hours

Monday - Friday 8:30 AM - 5:00 PM Saturday & Sunday 9:00 AM - 12:00 PM

Dickson General Practice

- 3/151 Cowper Street, Dickson, 2602
- (02) 6247 5833
- Opening Hours

Monday - Friday 8:00 AM - 6:00 PM

Saturday 9:00 AM – 1:00 PM

Sunday Closed



After Hours Practitioner

CALMS Northside Surgery

- 60 Mary Potter Circuit, Bruce, 2617
- 1300 422 567
- Operates via phone triage
- Opening Hours

Monday - Friday 8:00 PM - 11:00 PM Weekends 10:00 AM - 11:00 PM

Inner-North (Dickson) Walk-In Centre

- 111 Dickson Place, Dickson 2602
- (02) 5124 8080
- Opening Hours

Every day 7:30 AM - 10:00 PM

Pharmacies

Discount Pharmacy

- 2/141 Flemington Road, Mitchell, 2911
- (02) 6241 1233

Watson Pharmacy

- 1 Watson Place, Watson, 2602
- (02) 6241 1506

Sports Medicine Services

Enhance Healthcare, Chiropractor, Massage, Physiotherapy, Acupuncture

- 10/141 Flemington Road, Mitchell 2911
- (02) 6241 6060

Powerhouse Physiotherapy

- 196 Mouat Street, Lyneham, 2602
- (02) 6262 5740
- Opening Hours

Monday - Friday 8:00 AM - 6:00 PM

Weekends Closed



Dental Services

Dickson Modern Dental

• Shop 3 4/20 Dickson Place, Dickson, 2602

• (02) 6247 9799

Opening Hours

 Monday - Friday
 9:00 AM - 7:00 PM

 Saturday
 9:00 AM - 1:00 PM

 Sunday
 9:00 AM - 12:00 PM

Harrison Dental Care

• 97/11 Wimmera Street, Harrison, 2914

• (02) 6162 0067

Radiology Services

Regional Radiology Australia

• 66 Irvine Street, Watson, 2602

• (08) 7522 0801

Canberra Imaging Group Belconnen

• 21 Benjamin Way, Belconnen, 2617

• 1300 788 508

Opening Hours

Monday - Friday 8:30 AM - 5:00 PM

Weekends Closed