

# **2023 UniSport Nationals Futsal**

# **Medical Directory**

## 10-13 July, Gold Coast Sports & Leisure Centre and Carrara Indoor Sports Stadium

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# For quick reference, a list of all locations in this directory can be accessed using <u>this Google</u> <u>Maps link</u>.

## **Event Medical Coverage – First Responders**

UniSport Australia has appointed <u>Sports Medicine Australia</u> (SMA) to provide the official event medical coverage. They are the designated first-responders to all injuries that occur on the field of play.

SMA-supplied Sports Trainers have current HLTAID009 – Provide CPR and HLTAID011 – Provide First Aid qualifications along with a minimum of Level 1 Sports Trainer accreditation. An SMA-accredited Sports Trainer is not simply a First Aider, but an individual with experience in managing sporting injuries and incidents, trained to provide quality, immediate injury care to athletes.

SMA Sports Trainers have skills and knowledge in the areas of sports taping, soft tissue injuries, onfield transport, stings, and allergies, as well as first aid skills such as CPR, wound and fracture management. Sports Trainers have access to the latest SMA policies and guidelines such as the SMA Concussion in Sport Policy and Extreme Heat Policy.

Level 1 Sports Trainers have received education including:

- Concussion Management
- Sports Taping (Ankle, Thumb and Finger)
- Transport of the Injured Athlete
- Nutrition and Hydration
- Drugs in Sport

Level 2 Sports Trainers are the most experienced, completing at least 50 hours of experience in an on-field role and proficient in all Level 1 Sports Trainer content as well as:

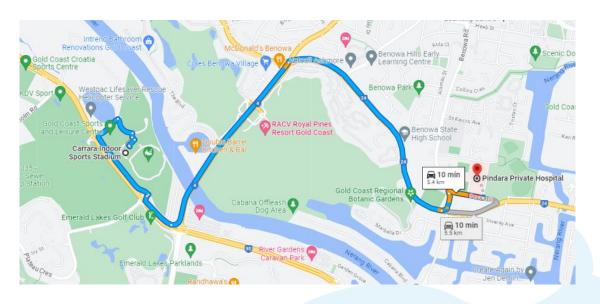
- Advanced Sports Taping (Knee, Shoulder, Elbow and Achilles)
- Spinal Injury Management
- Injury Prevention Programs
- Concussion Management
- Sports Massage
- Wound Management
- Athlete Wellbeing and Mental Health



# **Hospitals**

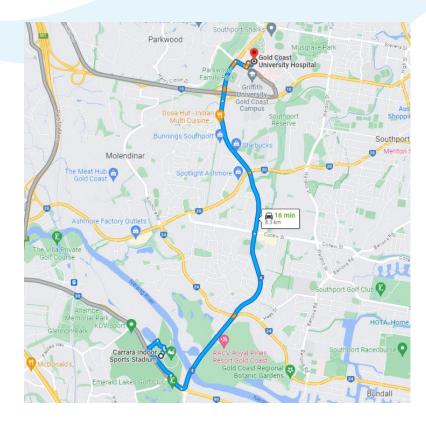
## **Pindara Private Hospital**

- Allchurch Avenue, Benowa QLD 4217
- (07) 5588 9888
- Opening Hours Monday Sunday 24 hours



## **Gold Coast University Hospital**

- 1 Hospital Boulevard, Southport QLD 4215
- 1300 744 284
- Opening Hours Monday Sunday 24 hours





# **General Practitioners**

## **Pappas Way Medical Centre**

- On the Park Shopping Centre, Shop 5/145 Pappas Way, Carrara QLD 4211
- (07) 5578 3007

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<b>Opening Hours</b>	Monday – Friday
	Saturday
	Sunday

8am – 5pm 8am – 12pm CLOSED

#### **Carrara Medical Practice**

- Coco Shopping Centre, 4/1 Manchester Road, Carrara QLD 4211
- (07) 5594 4869
- Opening Hours
- Monday Friday Saturday Sunday

7:30am – 5pm 9am – 2pm 9am – 12pm

5am - 8am, 6pm - 12am

5am – 12am

## **After Hours Practitioner**

## **Gold Coast After Hours Doctor**

- 125 Nerang Street, Southport QLD 4215
- (07) 5532 8666
  - Opening Hours Monday Friday Saturday – Sunday

**Pharmacies** 

#### **Carrara Gardens Pharmacy**

- Shop 3/145 Pappas Way, Carrara QLD 4211
- (07) 5596 4833
- Opening Hours
  Monday Friday
  Saturday
  Sunday
  CLOSED

## **Benowa Village Chempro Chemist**

- Shopping Centre, 11/406 Ashmore Road, Benowa QLD 4217
- (07) 5597 2822

Opening Hours	Monday – Friday Saturday	8am – 6pm 9am – 5pm
	Sunday	10am – 4pm

# **Allied Health Services**

## Pindara Physiotherapy

- 27 Carrara Street, Benowa QLD 4217
- (07) 5539 4484

•	Opening Hours	Monday – Friday Saturday	8am – 7pm 8am – 12pm
		Sunday	CLOSED



#### **Elements Chiropractic**

- Unit 4/39-41 Nerang Street, Nerang QLD 4211
- (07) 5596 6888
- Opening Hours
- Monday Friday Saturday Sunday

9am – 12pm, 3pm – 6pm 8:30am – 12pm 4pm – 6pm

# **Dental Services**

#### **The White Bite**

- 1/3029 The Boulevard, Carrara QLD 4211
- (07) 5579 9333

Opening Hours	Monday – Friday Saturday Sunday	8am – 5pm 8am – 12pm CLOSED
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#### **True Dental**

- 25 Paradise Street, Nerang QLD 4211
- (07) 5533 1530
- Opening Hours Monday Friday 8am 6pm Saturday – Sunday CLOSED

# **Radiology Services**

#### South Coast Radiology

- 179 Ashmore Road, Benowa QLD 4217
- 1300 197 297
- Opening Hours Monday Friday
  - Saturday Sunday

## Panorama Radiology Specialists

- Unit 13/117 Ashmore Road, Benowa QLD 4217
- (07) 5654 5133
- Opening Hours

Monday – Friday Saturday – Sunday 7am – 5pm 8:30am – 4:30pm

8am – 5pm CLOSED